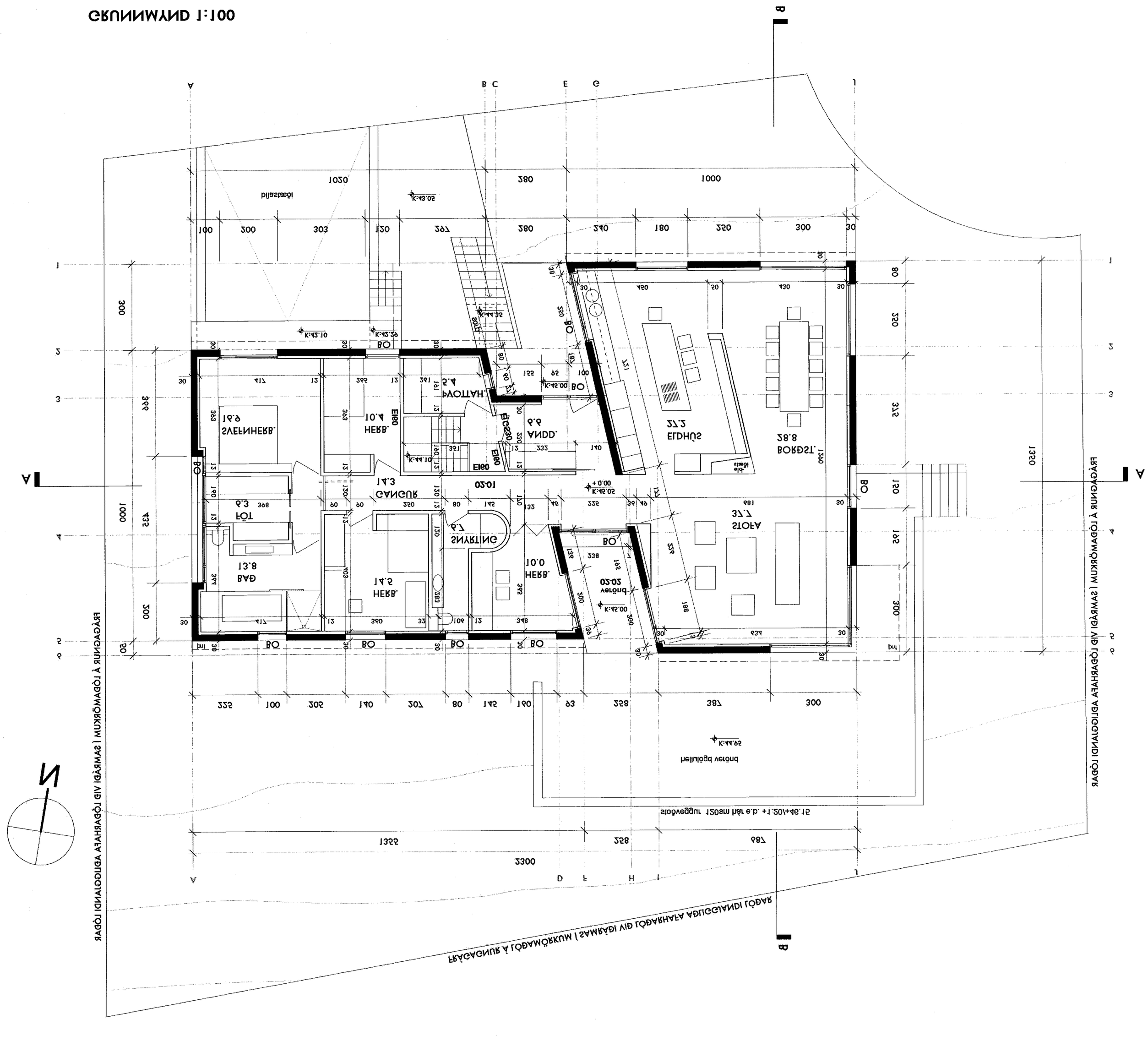GRUNNMYND 1:100